

Recipes



These recipes work just fine if you want a treat yourself, but they really shine when you have friends over all making their own! Keep all the 'optional' ingredients out in bowls, and let everyone have a turn making their recipe however they like. Perfect for sleepover fun!

Selena's Smoothies

Ingredients:

- Milk
- Fruit juice (Orange, Apple, Cranberry, Pineapple...)
- Ice
- Fruit! Make sure to peel and slice whatever you use. Some things you could put in are: Strawberries, banana, pineapple, kiwifruit, berries, peaches or mango

Directions:

1. Put about 250mL of your choice of juice or milk in the blender with some ice (careful not to mix citrus fruits with milk - an adult can help you here)
2. Add a small handful of your chosen fruits (2 or 3 fruits work best)
3. Put the lid on the blender and mix until lightly frothy
4. Pour into a glass and serve!

Personal Pizza Bar



Ingredients:

- English muffins
- Grated mozzarella cheese
- Neapolitan pasta sauce
- Any pizza toppings you want! Some suggestions are:
Diced ham, mushrooms, pepperoni, chicken, olives, pineapple, capsicum, tomato

Directions:

1. Cut the muffins in half
2. Spread about a tablespoon of sauce on the muffin halves
3. Add any of the toppings you fancy!
4. Finish by sprinkling a handful of cheese on top
5. Preheat the oven to 200 degrees. Place the pizzas on a tray and bake for 5-10 mins or until the cheese is melted. Get a grown-up to help with this bit!